















2: Set the Stage & Troubleshoot

- Backdrop: Background, lighting, external noise or distractions (phone in silent mode, TV off, pets away)
- YOU: how you look on camera, angle, what you are wearing
- Technology: Practice in advance! Download any needed software, test headphones/speaker, camera, and microphone

Test with a Career Advisor or friend!



No matter if you're in person or virtual, it's always good to...

3.Prepare Rehearse

- Know Your Resume: be prepared to talk about anything

- on it

 Tell me about yourself
 Walk me through your resume
 Know Why You Are There
 What interests you about the organization or role?
 Why are you awesome (for the role or org?)
- · For interviews:
 - Strengths/Weaknesses: have examples of strengths and plan of action to improve weaknesses
 - Behavioral questions: use STAR method
 - Technical or industry specific questions
- Questions YOU ask them
- REHEARSE, REHEARSE, REHEARSE
 - Big Interview: essworks.biginterview.com



- Take notes: Don't trust your future memory
- Follow-up: Send thank you messages and/or connect on LinkedIn
- · Reflect and incorporate what you learned for future interviews, conversations, sessions, career fairs, etc.



